

## Topics

Introduction

Things you need to know

Things you might not know

Things you may want to know

Credits

## Women With Diabetes: Things You Need To Know

### *Who's this website for?*

All women with type 1 and type 2 diabetes of childbearing age.

### *What's this website all about?*

It covers contraception for women with diabetes and includes information on pregnancy related risks, and the ways to minimize them. Did you know that there are nine things you can do to get your pregnancy off to a healthy start? Even if a baby is the last thing on your mind, there are 'Things you need to know'. You'll meet eight women with diabetes who share their own views and experiences and you'll receive clear healthcare information from the experts.



*If you're planning to have a baby, or suspect you may be pregnant, please contact your GP or your local diabetes care team as soon as possible. Early contact is absolutely essential and can help improve the chances of a healthy pregnancy for you and your baby.*

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For Support and advice on any of the issues raised please contact your GP or local diabetes care team

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