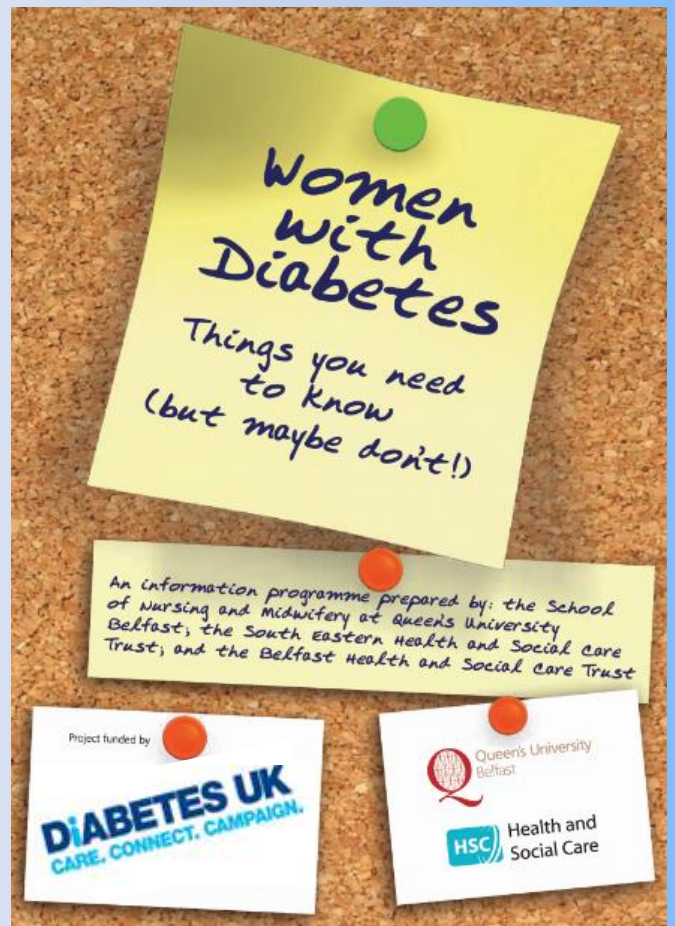


WOMEN WITH DIABETES

Preconception Counselling Resource for
Women with Diabetes

PREPARED TO PLAN

“Even if a baby is the last thing on your mind, there are things you *need to know*.”



www.go.qub.ac.uk/womenwithdiabetes



www.twitter.com/diabeteswomen



WOMEN WITH DIABETES

Who's this website for?

If you have **Type 1** or **Type 2 diabetes** you may wish to visit the "Women with Diabetes" website

What's this website all about?

This website covers contraception for women with diabetes, and includes information on pregnancy related risks, and the ways to minimize them

Did you know..

There are **NINE** things you can do to get your pregnancy off to a healthy start?

Early Contact

If you're planning to have a baby, or, suspect you may be pregnant please contact your GP or local diabetes care team as soon as possible. Early contact is absolutely essential to give you and your baby the best possible start.