

Type 1 Diabetes Record Sheet

To be used in conjunction with Core Care Plan

DO NOT USE FOR CHILD FOLLOWING DKA PATHWAY

Patient Name:

DOB:

MRN:

NHS No:

Nurse Handover – Check ratios are correct on drug chart

Night → Early	Nurse initial		Nurse initial	
Early → Late	Nurse initial		Nurse initial	
Late → Night	Nurse initial		Nurse initial	

Date	Blood glucose (mmols)	Blood Ketones (mmols)	Food and Drink (Please give as much detail as possible)	Carbohydrate content (CHO) (grams)	Rapid acting insulin dose (units)	Injection site (Refer to keys below)	Staff Initial
Breakfast					For CHO:		
Time:					Correction:		
					Total:	Total:	
Snack					For CHO:		
Time:					Correction:		
					Total:	Total:	
Lunch					For CHO:		
Time					Correction:		
					Total:	Total:	
Snack					For CHO:		
Time:					Correction:		
					Total:	Total:	
Evening meal					For CHO:		
Time:					Correction:		
					Total:	Total:	
Snack					For CHO:		
Time:					Correction:		
					Total:	Total:	
Pre-Bed					Correction:		
Time:					Total:	Total:	
					Correction:		
Midnight					Total:	Total:	
Time:					Correction:		
					Total:	Total:	
~3-4am					Correction:		
Time:					Total:	Total:	

Hypoglycaemia management (any blood glucose reading under 4mmols) – Target blood glucose 4-7 mmols

Time	Blood glucose	Treatment	Repeat blood glucose

Injection sites keys:

Left Thigh (outer aspect) – LT Right buttock – RB Abdomen Right side – RA

Right Thigh (outer aspect) – RT Left buttock – LB Abdomen Left side – LA

(Buttocks should initially be used for injection sites – paediatric team will advise on other sites as appropriate)

Patient Name:

DOB:

MRN:

NHS No:

Nurse Handover – Check ratios are correct on drug chart

Night → Early	Nurse initial		Nurse initial	
Early → Late	Nurse initial		Nurse initial	
Late → Night	Nurse initial		Nurse initial	

Date	Blood glucose (mmols)	Blood Ketones (mmols)	Food and Drink (Please give as much detail as possible)	Carbohydrate content (CHO) (grams)	Rapid acting insulin dose (units)	Injection site (Refer to keys below)	Staff Initial
Breakfast					For CHO:		
Time:					Correction:		
				Total:	Total:		
Snack					For CHO:		
Time:					Correction:		
				Total:	Total:		
Lunch					For CHO:		
Time					Correction:		
				Total:	Total:		
Snack					For CHO:		
Time:					Correction:		
				Total:	Total:		
Evening meal					For CHO:		
Time:					Correction:		
				Total:	Total:		
Snack					For CHO:		
Time:					Correction:		
				Total:	Total:		
Pre-Bed					Correction:		
Time:					Total:	Total:	
				Total:	Total:		
Midnight					Correction:		
Time:					Total:	Total:	
				Total:	Total:		
~3-4am					Correction:		
Time:					Total:	Total:	

Hypoglycaemia management (any blood glucose reading under 4mmols) – Target blood glucose 4-7 mmols

Time	Blood glucose	Treatment	Repeat blood glucose

Injection sites keys:

Left Thigh (outer aspect) – LT Right buttock – RB Abdomen Right side – RA

Right Thigh (outer aspect) – RT Left buttock – LB Abdomen Left side – LA

(Buttocks should initially be used for injection sites – paediatric team will advise on other sites as appropriate)