

TickleFLEX Evaluation Form

Name:

Erica Richardson

Title:

Lead Diabetes Specialist Nurse

Organisation:

Shrewsbury and Telford NHS Trust

1. Do you feel that TickleFLEX will be useful for diabetics who have difficulty with injecting due to pain and/or needle phobia?

Yes

No

2. Do you feel that TickleFLEX will help children to overcome the worry of injecting and therefore self-inject with less anxiety and more confidence?

Yes

No

3. Do you feel that TickleFLEX will be helpful to newly diagnosed diabetics who need to inject?

Yes

No

4. Due to the reduced pain associated with using TickleFLEX, do you feel it will encourage people to use more sites around the body to inject?

Yes

No

5. Do you feel that TickleFLEX should be available on NHS prescription?

Yes

No

6. How was TickleFLEX received by patients / colleagues who you have presented it to?

We tried this device with a number of individuals ranging in age from 10-70 years. Approximately 1/3 of those who tried the device stated they did not feel it made any difference to the injection process. Interestingly, these individuals were all very lean. One person was extremely needle phobic and I am not sure if the feedback was based on actual sensation on/after injection, or if the psychological impact of injecting took precedent. They also struggled as they stated they could still see the needle. However interestingly following the injections they only complained of pain around the site of the "normal injection site". The rest of the individuals that tried the device stated they felt it did reduce the sensation when injecting. One or two stated that they did feel a stinging 10-15 minutes post injection.

7. Do you think TickleFLEX will make your job easier with people who have issues injecting?

Yes

No

8. Do you feel that the packaging clearly describes the purpose of TickleFLEX? If not, what would you suggest needs to be changed?

Yes

No

9. Do you have any suggestions for product improvement?

we wondered if you were to add a retractable section to cover the needle this may help with those patients that are truly needle phobic.

10. Please summarise your overall evaluation:

To add any device that aids patient care and ability to self manage is always a bonus. However, there may be some benefit in completing some trials around its's use in individuals with different BMI's. If a retractable needle cover was added this would help with those who are truly needle phobic. The device was generally well received and its appearance also is fun (the younger individuals liked this)

Thank you for taking the time to complete this evaluation, we very much appreciate it