

Carbohydrate Counting Educational Assessment Tool (CC-EAT)

Thank you for your interest in using this carbohydrate counting educational assessment tool (CC-EAT) in your paediatric diabetes team.

In order to determine if the CC-EAT is an effective tool, we are asking you to participate in this study. We want to obtain results from different paediatric diabetes teams with children of different ages. Please could you administer the CC-EAT and provide me with information from two of your children with Type 1 diabetes.

Please follow the steps below: -

- Choose two children from different age group
- Write only the year group and the sex on the CC-EAT response form. Do not include the child's name or any identifying information
- Administer the tool with the child before you provide any carbohydrate counting education.
- Score and record on the CC-EAT response form
- Wait 2-4 weeks then re-administer and score the tool before delivering carbohydrate counting education
- Provide your carbohydrate counting education
- Retest and score the child after the education.
- Submit results, making sure there are no names or identifying information – just which year group and sex. Email to annacarling@nhs.net
- We value your feedback so please add any comments or suggestions

Thank you participating in this study. We look forward to sharing the results with you.