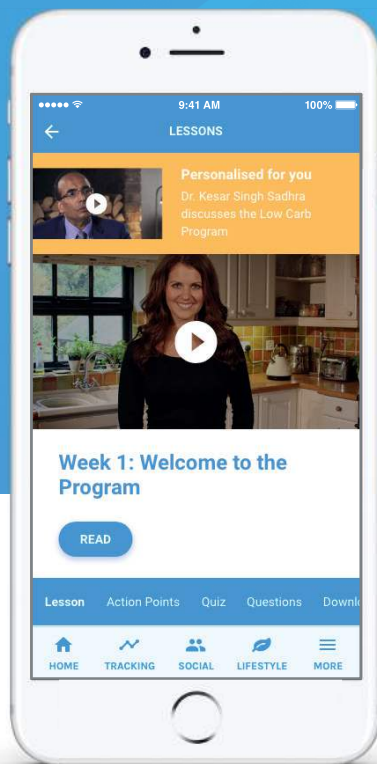




The **award-winning** digital health intervention for people with **type 2 diabetes** and **prediabetes** provides the **education, resources,** and **support** required to take control of your metabolic health through addressing sugar in the diet.

Most members who complete the program **improve blood glucose control** and **sustainably lose weight** whilst reducing or eliminating diabetes medications.



WHAT COULD I **ACHIEVE?**

MEMBERS WHO COMPLETE THE PROGRAM AT 1 YEAR



7.4kg

average weight loss
(7% of body weight)



1.2%

HbA1c reduction
(13 mmol/mol)



39%

reduce their HbA1c below
type 2 diabetes threshold



40%

eliminate one or
more medications



60%

are able to reduce or
eliminate insulin



1 in 4

people place their type 2
diabetes into remission



Begin your journey towards better blood glucose control, fewer medications, sustainable weight loss and more energy.



Join over 275,000 people at LowCarbProgram.com



Download on the
App Store



GET IT ON
Google Play



LOST 15KG



REDUCED FBG BY 42%



LOST 4KG



REVERSED TYPE 2 DIABETES



REDUCED INSULIN BY 75%



LOWEST HBA1C IN 10 YEARS



LOST 20KG



REVERSED PREDIABETES



HALVED MEDICATION



REVERSED PREDIABETES



LOST 15KG



LOST 15KG