

**Life can be Tough,
but
SO ARE YOU!
SO KEEP GOING!!**



You don't need magic to transform your world,
you already carry all the power you need,
just decide to use it.

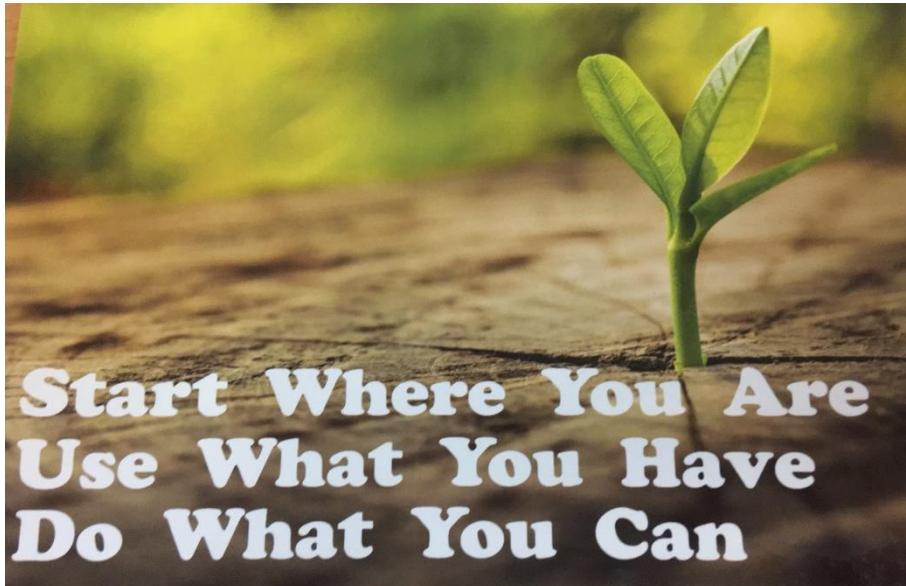


JANUARY

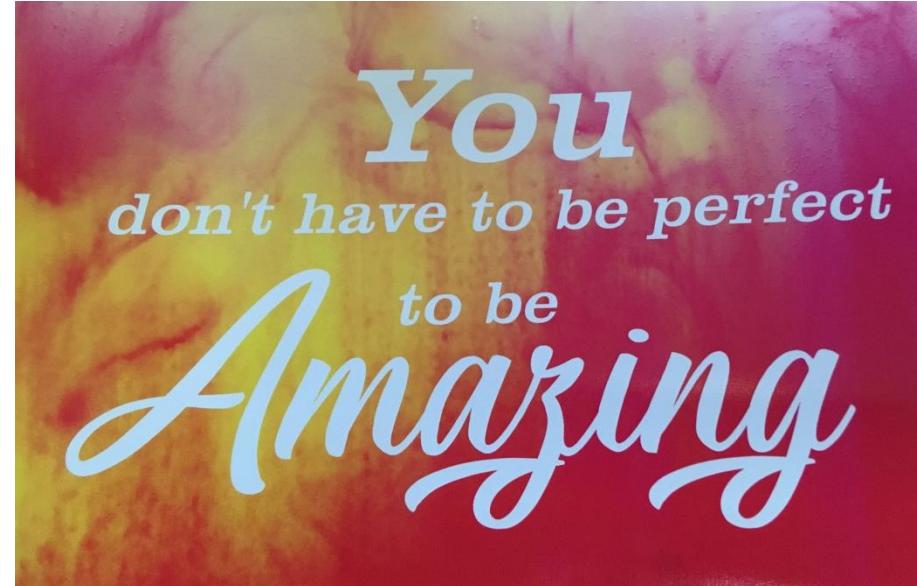
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FEBRUARY

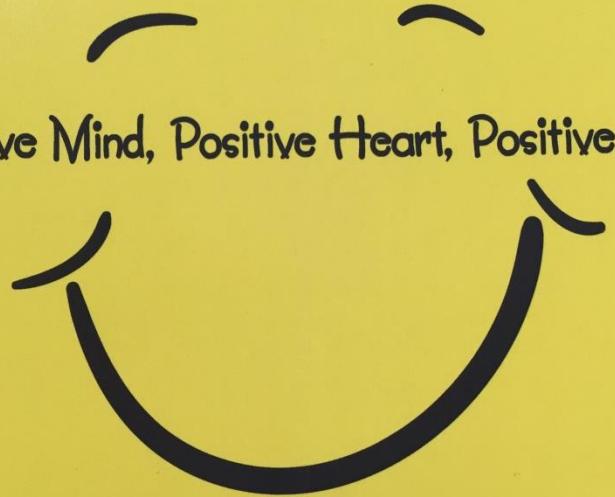
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Start Where You Are Use What You Have Do What You Can



Positive Mind, Positive Heart, Positive Life



You are
far too smart
to be
the only thing
standing in your way

Its just a grotty day, not a grotty life,
so be brave and keep going.

