

# Diabetes news

**CARE**  
integration  
awards 2013



## FINALIST



## Kate's message

### Care Integration Award Finalists

We're pleased to announce that the service has been shortlisted for the Care Integration Award (Diabetes) 2013. Thanks to all those who have supported us and contributed ideas and suggestions. We'll be judged following a nail-biting presentation in May and will find out our fate in July! Watch this space!

A enormous thank you to everyone who answered our call to submit data on the nine key care processes to the National Diabetes Audit. We contacted 11 practices who had not yet submitted and gave details for how to get involved. As a result, data for the whole of Hampshire shows that participation went up from 70.5% (2010/11) to 95.14% (2011/12). This is an AMAZING result and will make a difference to understanding how we can improve outcomes for patients.

Thanks to everyone who supported the network meeting in Bartley Lodge in March. The afternoon focused on the ever increasing number of new therapies in diabetes including Lixisenatide, Degludec and Dapagliflozin and heard from expert speakers including Dr Iain Cranston, Consultant Physician at

**Thanks for completed referral forms! Choose and book referrals preferred for type 2 education**

We are grateful to everyone who sends completed referral forms. The additional information makes it much easier for diabetes nurses to triage effectively. Please keep it coming – the more info the better!

**Did you know you can now book all patients wanting to attend Type 2 Group Education via 'Choose and Book'?**

QA Portsmouth, Phil Newland-Jones, Pharmacist (UHS) and our own Dr Hala Alsafadi who is auditing the use of GLP-1/Insulin combinations.

We were able to support a number of the team attending the annual Diabetes UK conference in Manchester. Our poster highlighting the number of patients seen in diabetes clinic with multiple LTCs was well received. We hope to use this data to influence the development of more multi-disciplinary clinics for diabetes patients.

Finally, 10 students from Southampton University decamped to the Fenwick earlier this month to undertake an ambitious project to map diabetes outcomes against practices across West Hampshire. We hope this work will give us a better understanding of how to use our resource effectively and equitably across the CCG. We await the final report and will feed back to commissioners for further discussion.

## Dates for the diary

### Network Meeting

Bookings now open!

12.30pm - 4.30pm

11 September - Winchester

4 December - Bartley lodge

Please send us topics you wish to discuss.

19 June Integrated Care Conference  
9.00am - 4.30pm Holiday Inn Eastleigh

### MERIT dates

**MERIT Pre-Insulin Treatment Options Course including pre insulin injectable therapies**

20 May and 10 June 2013

These are half day sessions which will include lunch at 1.00pm.

### Speakers will include

- Consultant Diabetologist - Hala Alsafadi
- Dietitian - Sarah Woodman
- Diabetes Specialists Nurses - Caroline Atkinson and Amanda Jones

### Venue

Holiday Inn Winchester

### Time

8.45am - 1.00pm

You will be sent a hard copy in the post in the next month. But if you would like to register a place now please email Jeanette Jefferson at [jjff@novonordisk.com](mailto:jjff@novonordisk.com)

We are planning to run MERIT Modules 1 Initiation of Insulin on 17 July 2013 and Module 2 Management of patients using Insulin on 18 November 2013 and will run a MERIT update day on 12 February



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## Insulin Passports – a reminder!

It is the responsibility of the prescriber to ensure each patient is given a passport/insulin safety card and the patient information leaflet. This includes when initiating insulin and giving repeat prescriptions.

## Have you completed safe use of insulin -learning?

An NPSA alert was issued in 2010 recommending ALL healthcare professionals involved in prescribing / dispensing or giving insulin to complete the NHS Diabetes e-learning package on Safe Use of Insulin. To access this please go to <http://nhsdiabetes.healthcare.co.uk/> to register or complete it.

This is now mandatory training for many staff groups so that we minimise the risk of medication errors.

## Map of Medicine

For access you will require an Athens account. This can be obtained by completing the self-registration form at <https://register.athensams.net/nhs/nhseng/> It is recommended that you use an NHS computer or an NHS email for this process to receive your account details immediately otherwise you may have to wait for several weeks.

## Programme of Learning (POL)

The Diabetes Programme of Learning offers short but efficient training to all Practice/Community Nurses and Health Care Professionals working in the Community and Primary Care and private nursing homes.

The course below are all one day  
POL 1 - 3 May 2013 Chandlers Ford  
POL 2 - 4 June 2013 Fenwick, Lyndhurst  
POL 3 - Dates TBC  
Venue Fenwick, Lyndhurst

To book your place please contact Helen Hughson for a booking form at [poldiabetes@gmail.com](mailto:poldiabetes@gmail.com)

## Hedge End event with local DUK 15 June 2013

Southampton Diabetes UK branch are holding a diabetes awareness day at Hedge end Mark's and Spencer from 9.00 - 4.00pm. Members of our team will be there giving advice to the general public about diabetes and its management

## Diabetes UK local branch meeting dates

Meetings are on Mondays and start at 7.00pm-9.00pm. Held at Christ the King Catholic Church Hall, Southampton (behind Bitterne library) SO18 6AP. For more info contact Ingrid on 023 8040 4881 or email [diabetesuksouthamptongroup@yahoo.co.uk](mailto:diabetesuksouthamptongroup@yahoo.co.uk).

## DRWF event 22 June 2013

DRWF, West Hampshire Community Diabetes Service as well as specialist diabetes teams from Solent NHS Trust and Southampton University Hospitals NHS Foundation Trust are offering patients a special collaborative Diabetes Wellness Day.

Presentations and workshops will be given by diabetes healthcare professionals on many different aspects of living with diabetes.

There is a small registration fee of £5, which includes access to the full programme of talks and activities, the exhibitor's room, tea, coffee and refreshment breaks, a hot baked potato lunch and free parking.

Whether you have Type 1 or Type 2 diabetes, the Diabetes Wellness Day will provide you with the opportunity to discuss your diabetes related questions with the speakers in an informal environment. The day will also provide a wonderful platform for mixing with other people with diabetes and making new friends.

To find out more or for a full information pack, please contact Lee Calladine on 023 92 636133 or by email at [events@drwf.org.uk](mailto:events@drwf.org.uk)

## Insulin action workshop (for those on BD mixed insulin)

Adjusting mixed insulin can be confusing for patients. Getting it right can improve control and reduce the incidence of hypoglycaemia.

Please consider referring those T1 or T2 on mixed insulin who would benefit from a two hour group education session held at Eastleigh or Lyndhurst. They will learn how to adjust their insulin according to their blood glucose levels, plus understand the DVLA requirements for testing blood glucose and amongst other things managing illness and hypos.

**This service is provided Monday to Friday 9.00am - 5.00pm**

**All referrals to:**

**Tel: 023 8028 6401 Fax: 023 8028 6407**

**Email: [hamp-pct.NHCDS@nhs.net](mailto:hamp-pct.NHCDS@nhs.net)**

**Dr Kate Fayers, Consultant Diabetologist  
Caroline Atkinson, Lead Diabetes Specialist Nurse**

**[www.southernhealth.nhs.uk/diabetes](http://www.southernhealth.nhs.uk/diabetes)**



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