

**TEENAGE AND YOUNG ADULTS SERVICE**

**Annual Report - Agreement Cover Sheet**

**This Annual Report has been agreed by:**

Position: MDT Lead Clinician (on behalf of MDT members)

Name: Dr James Bailey

Organisation: Hull and East Yorkshire Hospitals NHS Trust

Date Agreed: 23 April 2013

Position: Trust Lead Clinician for MDT Leadership

Name: Dr Sam Khulusi

Organisation: Hull and East Yorkshire Hospitals NHS Trust

Date Agreed: 23 April 2013

**The Annual Report agreed on:**

Date Agreed: 23 April 2013

Operational Policy Review Date: April 2014

Teenage and Young Adult Unit  
The Queen's Centre for Oncology & Haematology  
Castle Hill Hospital

## Annual Report 2013

### Introduction

The Queen's Centre Teenage and Young Adult (QC TYA) service has been open since 9/5/2011 in a dedicated area between wards C32 and C33. Over the past twelve months the team has continued to build and develop the provision of local services and increase the number and breadth of social activities to provide peer group support.

The TYA service and ward environment continues to be well received by patients and their families alike. This has been reflected in ongoing generous community financial support and we are working to set up our own local TCT fundraising committee. To maintain our profile in the local community a regular TYA news letter is being published.

The QC TYA remains the only unit outside a principal treatment centre (PTC) to be supported by Teenage Cancer Trust. We hope to continue the development of our facilities and services over the coming years taking advantage of the recent appointment of a paediatric oncologist to the Trust and also improving our external environment with landscaping and gardening works.

There is no formal TYA MDT locally. All patients will be discussed at an appropriate local site specific MDT and referred to the PTC MDT in Leeds for review. The referral process continues to be developed and refined. The most recent bi-network (North East Yorkshire & Humber Clinical Alliance and Yorkshire Cancer Network) TYA audit showed a current 79% PTC MDT referral rate across the whole network.

Formal recognition of the QC TYA service as a designated hospital under the TYA Peer Review measures was obtained in February 2012 from the North East Yorkshire & Humber Clinical Alliance and Yorkshire Cancer Network TYA co-ordinating group. The QC TYA lead clinician and nurse have both been involved in the establishment of this



group which will over time guide the development of the shared care pathways vital to service development.

### Workload

The workload continues to develop satisfactorily. All patients known to the QC TYA team have been referred to the PTC TYA MDT.

<b>Month 2012</b>	<b>New Diagnoses</b>	<b>Patients treated outside the TYA unit</b>	<b>Total in-patient episode</b>	<b>Day case episodes</b>	<b>Outlier episodes</b>
January	2 (1 brain tumour) (1 haematological)	None	5	28	0
February	1 (testicular)	None	6	39	0
March	1 (melanoma)	None	5	27	0
April	4 (3 haematological) (1 thyroid )	None	5	19	1 (isolation for radioactive therapy)
May	None	None	11	27	0
June	1 testicular	None	8	32	0
July		1	11	26	
August	3		7	27	
September	1		2	8	
October	1		3	12	
November	1		17	13	
December	2		6	20	
<b>Totals</b>	<b>16</b>	<b>1</b>	<b>86</b>	<b>278</b>	<b>1</b>

## Operational Policy

The QC TYA operational policy has been updated on a regular basis throughout the past 12 months reflecting the rapidly evolving nature of the service and its clinical environment. New components have been added to the policy following the redevelopment to cover appropriate use of free internet access, social networking and the use of the facility by patients outside the intended age range or patients without a malignant diagnosis.

## Staff and Training

Current staffing comprises a Lead Clinician (1.0 PA), specialist nurse (1.0 wte), ward sister (1.0 wte) and two permanent ward nurses ( 1.8 wte). Additional support comes from nursing staff on ward 33. Specialist social worker input and activity co-ordinator support is available as an outreach service from the PTC but there is a wish to make these services more available at a local level.

The lead clinician, TYA CNS and ward sister have all completed the National Cancer Action Team advanced communications skill course. The TYA CNS has completed a Postgraduate Diploma in Contemporary Health Care (Teenagers and Young Adults with Cancer) at Coventry.

## Audit

The QC TYA team are committed to supporting the bi-network TYA audit due later this year. This audit will be looking at the PTC and site specific MDT pathways.

## Trials Recruitment

The TYA service is committed to supporting high quality research activities. Wherever possible patients are offered the opportunity to participate in clinical studies either locally or via the PTC. The team are active participants in the TYA Brightlight study which is evaluating the value added to patient care by TYA services..

## Clinical Outcomes & Survivorship

There is an ongoing initiative in the Trust in providing a service for patients Living with and Beyond Cancer. Patients completing chemotherapy / radiotherapy are offered an assessment appointment with the Survivorship Team and are signposted to relevant specialities / agencies.

The TYA service receives excellent support from the Hull and East Yorkshire Hospitals NHS Trust palliative care team. In the past year two patients have received terminal care on the unit both having elected it to be their preferred place of care. A further two patients with end stage malignancies have also stated similar wishes.

## Social Activities

There have been a variety of social activities on and off the unit. These events have included a trip to the Teenage Cancer Trust's concert at the Royal Albert Hall; a 'pampering day' supported by the Body Shop, a successful Christmas party as well as local ongoing social events such as pizza night. In the absence of a youth support co-ordinator these events have been led by the TYA clinical nurse specialist.

Four patients were taken to the annual 'Find Your Sense of Tumour' conference held by Teenage Cancer Trust last year and we will attend this year's event in October. This event provides not only patient education but also offers the patients a chance to meet other young people going through the same experience as themselves.

## Patient Feedback

A postal patient experience survey was undertaken in June 2012 but the number of returns was too low to support meaningful analysis. During this year we hope to look at more novel ways of obtaining patient feedback using electronic or social media. Data should also become available from the national 'Friends & Family' test.

James Bailey

Consultant Haematologist & TYA Clinical Lead.

July 2013