

	Your result was:
<p>Diabetes Control Your HbA1c is an overall measure of glucose control over the past 8-12 weeks. A level of between 6% - 7% is associated with the lowest risk of complications</p>	
<p>Blood Pressure A target blood pressure of below 130/80 lowers the risk of complications (a target below 125/75 is used if you have kidney disease)</p>	This will be done when you attend the clinic
<p>Cholesterol Lowering your cholesterol can reduce the risk of complications such as heart attacks and strokes. A cholesterol level of 4 mmol/l or less is what you should aiming for to reduce the risks.</p>	
<p>Kidney test Your kidneys are tested by looking at a blood test and the leak of protein in your urine. This is measured in a ratio called the ACR (Albumin Creatinine Ratio) For men: 2.5 or less For women: 3.5 or less</p>	
<p>Weight and Waist circumference</p>	This will be done when you attend the clinic